



ACTIVITY 7

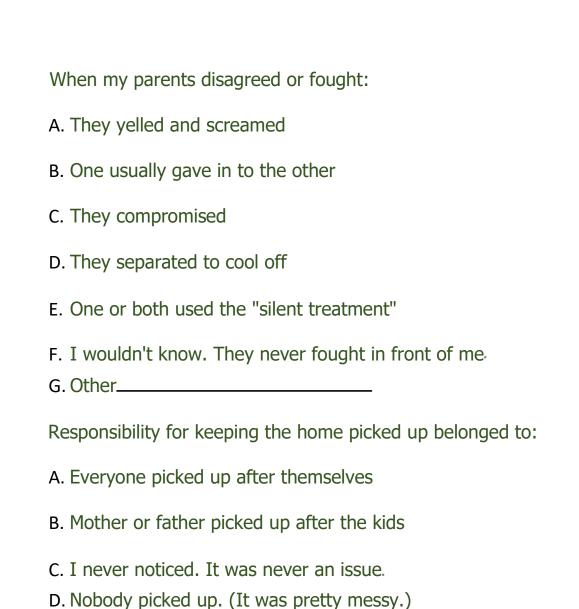
FAMILY OF ORIGIN

In my family of origin...

Affection was:

- A. Shown warmly and often
- B. Rarely shown in public
- C. Other

Α	A. Neat and clean
В	3. Comfortably cluttered
C	C. Other
D	Decision making was done by:
Α	a. Father
В	B. Mother
C	2. Both parents in consultation
D	D. Everyone in the home (including the kids)
Ε	. Default (Nobody seemed to make decisions. Life just happened.)
F	. Other



Money was:	cretiveness and se	elfishness		
3. A sign of se	cretiveness and se	elfishness		
Money was:	cretiveness and se	elfishness		
-				
A. Saved for a	rainy day			
3. Spent only	n necessities			
C. We were al	vays in debt			
D. Used freely	for recreational pu	ırsuits		
. Other				

C. Strained

D. Other						
Household chores were divided according to:						
A. "Women's work" or "Men's work"						
B. Who had the most time or skill at the chore						
C. Both parents took equal responsibility						
D. Other						
On Sunday or religious holy days we would:						
A. Go to religious services together						
B. One parent would attend services, the other stayed home. C. Neither parent was involved in an organized religion.						
D. Other						

At Christmas, we:

- A. Put a tree up and decorated early
- B. Christmas Eve was the big celebration when we opened presents
- C. Father Christmas decorated the tree when the kids were asleep and we opened gifts Christmas morning.
- D. We're non-Christian and don't celebrate Christmas
- E. Other

Exchange answers with your partner. Which experience of your partner is most different from yours? Discuss what ways you were similar, different and note any areas of difficulty to talk through at home